

SPA AT CARNEROS

MASSAGE

QUIET MIND

Focus your attention and allow your mind to drift into a state of stillness. Our mindful massage includes a custom blend of green essential oils and gentle massage techniques performed with care. Along with soothing scents, the soothing massage helps let go of distraction, muscle tension and stress—relaxing the body and emptying the mind for better sleep, clarity, and inner peace.

60 minutes \$235 • 90 minutes \$360

SWEDISH

Address your unique needs and calm your mind with this anti-stress Swedish massage. Let this organic blend of lavender and sage help ease everyday tensions, allowing the body and mind to unwind and settle into a deep state of relaxation.

60 minutes \$235 • 90 minutes \$360

DEEP

Release held tension and improved range of motion with this deep tissue massage. Utilizing a cooling muscle balm infused with ginger, wasabi, and peppermint to aid in decreasing inflammation and bring a refreshing relief to problematic areas.

60 minutes \$250 • 90 minutes \$375

PRENATAL

Alleviate discomfort and take personal time out to receive soothing, nurturing massage. Boost skins elasticity with a vitamin E enriched oil infused with sweet orange, rosewood, and Ylang Ylang to calm everyday nerves by creating an uplifting space.

60 minutes \$235

COUPLES

Created for just the two of you, this relaxing massage using oils infused with our love inspired blend allows you to enjoy quality time together during a side-by-side massage.

60 minutes \$470 per person • 90 minutes \$720 (per couple)



SKIN CARE

CARNEROS SIGNATURE FACIAL

Immerse yourself in the true experience of excellence with this luxurious, results-driven facial designed to address irritation, environmental damage, and the visible signs of aging. This advanced treatment features elevated concentrations of clean, clinical, and patented active ingredients formulated to rebuild skin tolerance, deeply hydrate, and improve your skin's natural barrier function. At the heart of this treatment are powerful activated grape seed antioxidants that dramatically enhance hydration and shield the skin from environmental aggressors like UV rays and pollution.

90 minutes \$395

LUMINOUS FACIAL

A concentrated, results-driven facial designed to rebuild compromised skin, calm inflammation, and enhance your skin's natural resilience. Powered by advanced active ingredients and a proprietary antioxidant complex, this treatment delivers immediate radiance while working beneath the surface to strengthen the skin barrier and restore healthy tone and texture.

60 minutes \$265

YOUTH RADIANCE FACIAL

Experience a transformative facial that targets multiple dimensions of skin aging, helping to restore a youthful, lifted appearance. This treatment combines Comprehensive age-defying regimen with a specialized remodelage lifting massage, enhancing skin firmness and promoting deep cellular renewal. The result is dramatically lifted, visibly firmer skin with a lasting, natural plumpness that embodies radiant vitality.

90 minutes \$375

HYDRATION BOOST

A deeply hydrating regimen uses the plumping power of hyaluronic acid to restore dry, distressed skin. An oxygenic face massage and warm honey mask will leave your skin nourished and dewy.

60 minutes \$250

MEN'S FACIAL

Restore natural vitality with a cleansing enzyme exfoliation, boosting collagen mask, and a cool marble eye massage to provide long lasting results.

60 minutes \$250



HYDRAFACIAL®

PLATINUM

The ultimate HydraFacial begins with detoxification process with Lymphatic Drainage. Then, the Platinum HydraFacial deeply cleanses, exfoliates, extracts, and hydrates the skin while addressing your specific skin concern with a Booster of your choice. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

90 minutes \$405

DELUXE

This invigorating treatment includes deep cleansing, exfoliating, and extracting impurities from the skin while simultaneously infusing nourishing ingredients to hydrate the skin. The Deluxe HydraFacial also includes a personalized Booster to address your specific skin concerns and LED Light Therapy to further reduce visible signs of aging.

60 MINUTES \$305

BODY

VALLEY GLOW

Nourish your skin with a full body scrub in which fresh minerals and sea salts crafted with organic herbal extracts and pure essential oils nourish the body to exfoliate and condition, leaving the skin smooth soft and radiant. Refresh and reset while renewing your skin with this uplifting and energizing blend of sweet orange, California poppy, lemongrass and mint.

60 minutes \$250

RESTORATIVE RELAXATION

Restore your skin with a full body scrub derived from sea salts crafted with organic herbal extracts to first detox, exfoliate, and then renew. Followed by a full body massage, your skin will be re-nourished with a luxurious body lotion, a relaxing scalp massage is included in this total body renewal.

90 minutes \$385



SIGNATURE EXPERIENCE

SELF-CARE PACKAGE

Located in our specialty farmhouse suite featuring a private outdoor deck, soaking tub and solarium shower Allow this total body experience to propel you into a sense of peace and well-being, inspiring self-love through self-care. Begin by nourishing your skin with a full body scrub derived from sea salts crafted with organic herbal extracts to first exfoliate and then nourish the skin. Still your mind with fresh minerals and sea salt soak in a private outdoor bath. Complete your experience with a 60-minute stress reliever massage to ease everyday tensions and allow the body and mind to unwind and settle into deep, restorative relaxation.

120 minutes \$505



POLICIES

AGE REQUIREMENTS

Spa guests must be at least 18 years of age.

MEDICAL CONDITIONS

Please alert us if you have a medical condition or are presently under a physician's care. Conditions such as pregnancy, high blood pressure and heart ailments are of special interest to ensure your safety. We will customize our services to fit your needs when possible

CANCELLATIONS

If you must reschedule or cancel your appointment, please notify The Spa at Carneros at least 24 hours in advance to avoid being charged the full-service fee. Changes or cancellations due to delayed travel or traffic will result in shortened treatments or a full charge for missed treatments.

RESERVATIONS

To schedule an appointment, please call 877-684-5035 or email spa@carnerosresort.com



CARNEROS
RESORT AND SPA

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